

Making a measurable difference in the lives of those we serve.



Provident Behavioral Health offers a variety of treatment options to meet the needs of anyone, any time.

Counseling Services

Provident Behavioral Health offers in-person and telehealth* outpatient counseling services to children, adults and older adults. Services for individuals, families and couples are offered in three offices in St. Louis City, South County and Northwest County, as well as in various schools and the Jefferson County Health Department.

Psychiatric Services

Provident Behavioral Health offers in-person and telehealth* psychiatric evaluation and medication management services for children, adults and older adults. Services for all ages are offered in St. Louis City and South County.

Our therapists and psychiatric mental health nurse practitioners are dedicated to providing exemplary behavioral health support to all ages.

- Accepting referrals for children, adults and older adults
- Treating a variety of problems such as depression, mood disorders, anxiety and trauma
- Fees based on a sliding scale
- Many insurances accepted
- St. Louis County Children's Service Fund covers the cost of St. Louis County residents under the age of 20
- Services available Monday-Friday

When help can't wait

Access Center

The Provident Access Center offers first available counseling appointments for individuals of all ages. Individuals meet with master's level student therapists via telehealth* or at our St. Louis City location for as little as \$5.

24/7 Crisis Hotline 314-647-4357

Where there is help, there is hope. We are compassionate, confidential, and on the leading edge of our work. Call our highly trained Crisis Workers any time of the day, at no cost to you.

*Telehealth services are available to Missouri residents. Illinois residents must be in Missouri to receive services.

Call for an appointment

**Counseling, Psychiatric or Access Center clients:
314.533.8200**

