

## CHESTNUT HEALTH SYSTEMS SCHOOL-BASED SERVICES

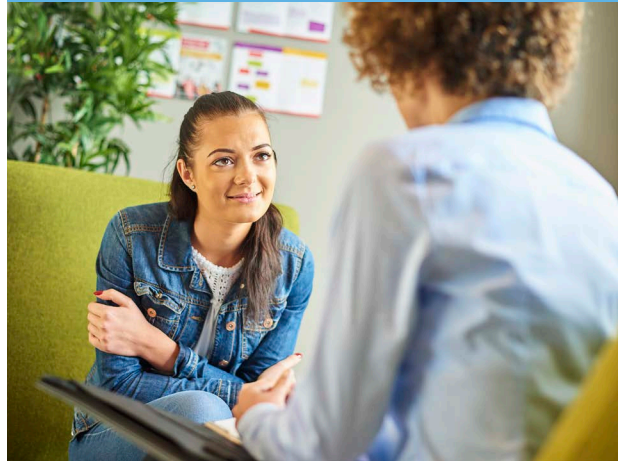
### BENEFITS

- Comprehensive array of behavioral health services within the community
- Increased collaboration among school staff, parents, and behavioral health professionals
- Availability for all students to access behavioral health services
- Behavioral health and education integration
- Year-round services

Funded by:

Jefferson  
Foundation

## CHESTNUT HEALTH SYSTEMS SCHOOL-BASED SERVICES



### Chestnut Services at Desoto #73

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610 Vineland School Road  
De Soto, MO 63020

 **CHESTNUT**  
HEALTH SYSTEMS  
c h e s t n u t . o r g

## CHESTNUT HEALTH SYSTEMS SCHOOL-BASED SERVICES



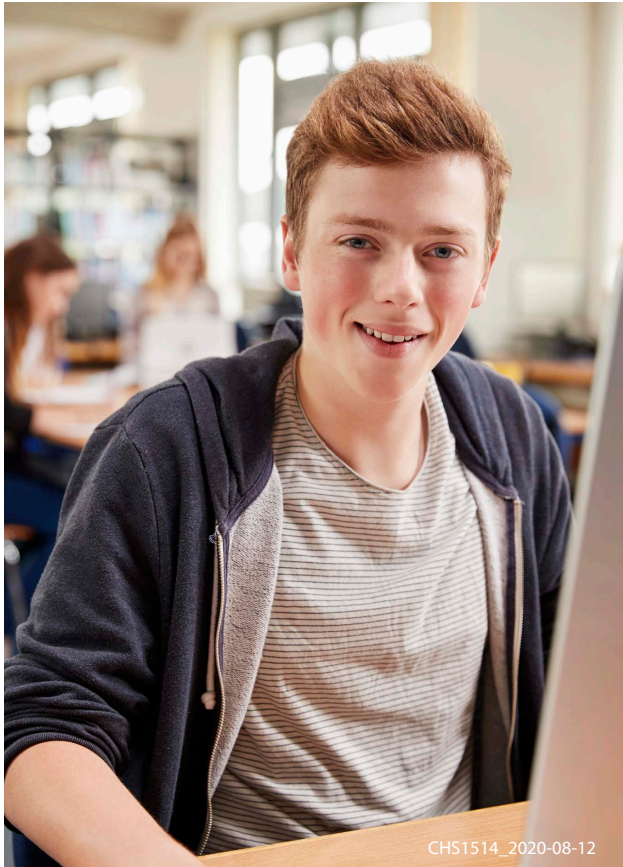
### Chestnut Services at Desoto #73

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# CHESTNUT HEALTH SYSTEMS SCHOOL-BASED SERVICES

## CHESTNUT SERVICES

Chestnut behavioral health services are designed for effective, short term interventions for a variety of difficulties experienced by young people. Our staff is experienced in helping families and children cope with such issues as depression and grief, anxiety, substance use, behavioral problems, family conflict, blended family issues, and serious trauma.



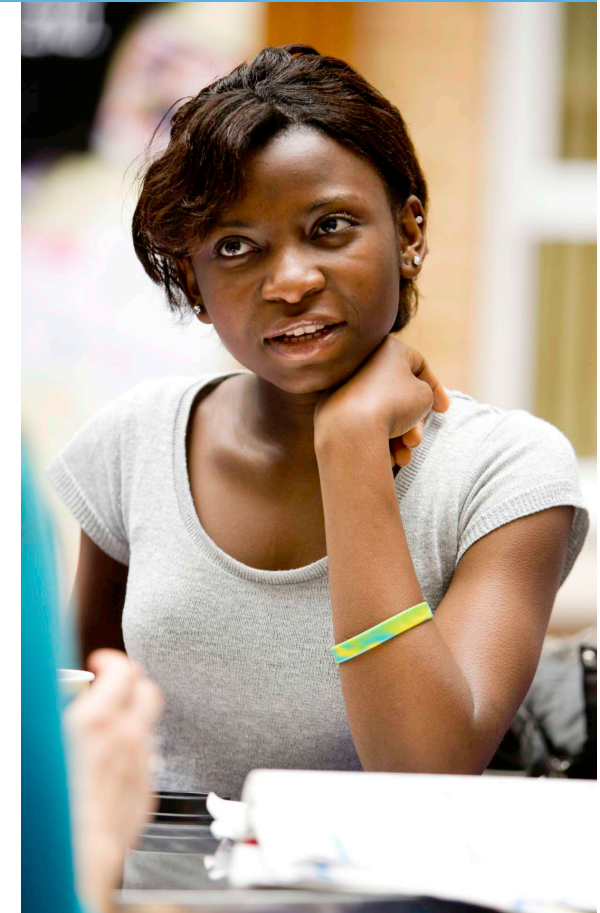
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## WE PROVIDE

- Individual counseling
- Family counseling
- Group therapy
- Case management
- Community support
- Consultation and evaluation by an Advanced Practice Registered Nurse (APRN)
- Crisis services
- Classes for parents

## PROGRAMS INCLUDE

- Medication services
- School-based services
- In-home family support
- Mental health treatment
- Substance use treatment
  - School-based AND residential services (Maryville, IL campus)



## REFERRAL PROCESS

### School counselor or principal:

Complete a referral page and forward to the Chestnut clinician

### Parent:

Call the school and speak to a teacher, social worker, or Chestnut school-based clinician