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# Wellness Committee

Tuesday, February 5, 2024, 4:00-5:00 p.m.

De Soto #73 Public Schools

## Attendees

Wendy Campbell, Core Data

Tonya Peeler, SFE General Manager/parent

~~Josh Aylesworth, Physical Education Teacher~~

~~Matt Buechting, Physical Education Teacher~~

~~Caitlyn Wehner, Physical Education Teacher~~

~~Kurtis Davis, DHS Physical Education Teacher~~

~~Michael Sobol, DHS Physical Education Teacher~~

~~Louise Robertson, Physical Education Teacher~~

Jason Jovi, Physical Education Teacher

Amanda Pruitt, Physical Education Teacher/parent

Dawn Brown, DJHS Nurse/parent

~~Ron Farrow, Assistant Superintendent~~

Dr. Will Nunn, Athena Principal

Joshua Phipps, Jr. High Principal/parent

## Agenda

### Last Meeting Follow-up Items

#### Agenda Follow-up Item:

##### Last Meeting Actions:

- Regarding weight room times for faculty/staff, student-athletes utilized the weight room for winter and spring at 6:00 am. Coach Schmidt will follow up with more information about times and access for faculty/staff.
  - Door access - cannot be done/costly expense
  - Alarms

##### Communication:

- Faculty/Staff will need to review the Wellness Policy R2750

### New Business


Total Time Allotted 1 Hour

#### 1. Objective

- Mrs. Peeler shared information from DESE to assist with guidelines.

#### 2. Local Wellness Policy Assessment/Evaluation

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- Have the committee review and submit an evaluation of the policy
  - 3. Non-compliance items in vending machines
    - Better contact information or people allowed to call the vending company
    - What is the contract with the company?
      - Mrs. Peeler will follow up with Dr. Isaacson for information.
  - 4. Have better communication with staff on regulations and guidelines by Federal, state, and school policy regarding health and wellness.
  - 5. Better communication with the public on health and wellness

## **Follow-up Items**

## **Next Meeting Agenda Items**

Future Meeting Dates:

March 25, 2024

May 6, 2024