
Wellness Committee

Tuesday, November 28, 2023, 4:00-5:00 p.m.

De Soto #73 Public Schools

Attendees

~~Wendy Campbell, Core Data~~

~~Josh Aylesworth, Physical Education Teacher~~

~~Caitlyn Wehner, Physical Education Teacher~~

~~Michael Sobol, DHS Physical Education Teacher~~

Jason Jovi, Physical Education Teacher

Dawn Brown, DJHS Nurse

Dr. Will Nunn, Athena Principal

~~Tonya Peeler, SFE General Manager~~

~~Matt Buechting, Physical Education Teacher~~

~~Kurtis Davis, DHS Physical Education Teacher~~

~~Louise Robertson, Physical Education Teacher~~

Amanda Pruitt, Physical Education Teacher

Ron Farrow, Assistant Superintendent

Agenda

Last Meeting Follow-up Items

Agenda Follow-up Item:

Last Meeting Actions:

- Principles adding wellness awareness to weekly memos.
- Have buildings get with the student advisory to see what they like and dislike regarding SFE food.

Communication:

- Faculty/Staff will need to review the Wellness Policy [R2750](#)

New Business

Total Time Allotted 1 Hour

1. Objective

- Introduction of the Wellness Policy [R2750](#)
 - Purpose of the Wellness Committee Meeting.
 - An action-oriented advisory group focuses on the health and well-being of students, staff, and families in a school community. The school wellness implements the district wellness policy and leads other health initiatives.
-

- Wellness Day?
 - Mr. Washam is checking into the possibilities.
- Do you have any thoughts on bringing back the monthly wellness letter, in past years, sent out by the nurses?
 - Possibly doing quarterly (ex: October Breast Cancer Awareness, Winter - Nutrition/Wellness, February - Jump Rope for Heart/Health, Spring - Mental Health)
 - A suggestion of having principal add to their weekly memos to faculty/staff
- What are the State Guidelines/Expectations for our district?
 - Follow up with Mrs. Peeler
- Communicate with students, staff, and faculty to listen to concerns. Survey?
 - Hold off on sending a survey out until January 2024
- Vending options and food in the school brought up by JH Student Advisory:
 - Discuss having Mrs. Peeler attend Student Advisory meetings.
 - The vending machines in the district are outsourced.
- Vineland Running Club before school

Follow-up Items

- Faculty and staff need to review the Wellness Policy R2750.
- Weight room times for faculty/staff and access
 - Mrs. Campbell is following up with Mr. Schmidt, the Athletic Director.
 - Make a walk-through video of the weight room showing what equipment is in the weight room.

Next Meeting Agenda Items

Future Meeting Dates:

January 22, 2024

March 25, 2024

May 6, 2024