
Wellness Committee

Tuesday, January 25, 2022, 3:45-4:45 p.m. (virtual)

De Soto #73 Public Schools

Attendees

Josh Isaacson, *Superintendent*

Ron Farrow, *Assist. Superintendent*

~~Josh Aylesworth, *Physical Education Teacher*~~

~~Laura Elam, *Physical Education Teacher*~~

Dustin Washam, *Vineland Principal*

Jon Roop, *Athletic Director/DHS A.P.*

~~Matt Thompson, *Physical Education Teacher*~~

Dawn Brown, *DJHS Nurse*

Sara Brinkmann, *SFE Food Service Director*

Debbie Killingsworth - *SPED Director*

~~Matt Buechting, *Physical Education Teacher*~~

~~Whittney Carter, *Athena Principal*~~

~~Wendy Campbell, *Core Data*~~

~~Kim Kingsland, *Physical Education Teacher*~~

Amanda Pruitt, *Physical Education*

Agenda

Last Meeting Follow-up Items

Agenda Follow-up Item:

Action Required:

- Follow up from DLC conversations
 - Physical activity as punishment in the discipline handbook
 - Use of food as a reward or punishment, ie Dragon Dollars and Student of the Month breakfast
- Look at district-wide wellness opportunities

Communication:


- Add to PD days - Bigger Faster Stronger training

New Business

Total Time Allotted 1 Hour

1. Objective

- Kids Heart Challenge will kick off in February
 - Fundraiser February 18, 2022
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- Awards and Jump Rope for Heart in April with Famer's Market (SFE)
 - Building Fundraiser tracking sheet will be tracked by Principals and then sent to Mrs. Campbell at the Central office.
 - Discuss at the Leadership Cabinet meeting Exempt Fundraiser Tracking Sheet
 - Building principals add to your building meetings
 - Relay fundraiser information to organizations

Follow-up Items

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Next Meeting Agenda Items

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