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# Wellness Committee

Tuesday, December 14, 2021, 3:45-4:45 p.m. (virtual)

De Soto #73 Public Schools

## Attendees

Josh Isaacson, *Superintendent*

Sara Brinkmann, *SFE Food Service Director*

~~Josh Aylesworth, *Physical Education Teacher*~~

~~Matt Buechting, *Physical Education Teacher*~~

~~Laura Elam, *Physical Education Teacher*~~

Whittney Carter, *Athena Principal*

Dustin Washam, *Vineland Principal*

Wendy Campbell, *Core Data*

Jon Roop, *Athletic Director/DHS A.P.*

~~Kim Kingsland, *Physical Education Teacher*~~

~~Matt Thompson, *Physical Education Teacher*~~

Amanda Pruitt, *Physical Education*

~~Dawn Brown, *DJHS Nurse*~~

Debbie Killingsworth - *SPED Director*

## Agenda

### Last Meeting Follow-up Items

#### Agenda Follow-up Item:

##### Action Required:

- Follow up on the plan for improvement from the Triennial Assessment
- School Health Index Plan For Improvement

##### Communication:

- Discuss follow-up plans.

### New Business

Total Time Allotted 1 Hour

#### 1. Objective-Complete

- Completion of the plan for improvement
  - Staff/Faculty completed the review of R2750, requirement through MUSIC Safe Schools
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## Follow-up Items

- Updates for the plan of improvement
- Mr. Farrow will discuss necessary changes around physical activity as punishment in the discipline handbook during the DLC meeting.
- Mr. Farrow will document the conversation with DLC regarding the use of food as a reward or punishment, ie Dragon Dollars and Student of Month breakfast.
- Add to PD days - Bigger Faster stronger training also provided for health and wellness stipend opportunities.
- Kelly sends out health benefits to employees to promote healthy lifestyles.

## Next Meeting Agenda Items

- Follow up from DLC conversations
- Look at district-wide wellness opportunities