
Wellness Committee

Thursday, January 14, 2021, 4-5 p.m. (virtual)

De Soto #73 Public Schools

Attendees

Josh Isaacson, *Superintendent*

~~Josh Aylesworth, *Physical Education Teacher*~~

Laura Elam, Physical Education Teacher

~~Ryan Ochoa, *Physical Education Teacher*~~

Jon Roop, *Athletic Director/DHS A.P.*

Matt Thompson, Physical Education Teacher

Chris Johnson, *Physical Education Teacher*

~~Dawn Brown, *DJHS Nurse*~~

Sara Brinkmann, *SFE Food Service Director*

Matt Buechting, *Physical Education Teacher*

Ron Farrow, *Athena Principal*

Wendy Campbell, Core Data

~~Kim Kingsland, *Physical Education Teacher*~~

Amanda Pruitt, *Physical Education*

~~Krystal Simmons, *SFE Food Service*~~

Debbie Killingsworth - *SPED Director*

Agenda

Last Meeting Follow-up Items

Agenda Follow-up Item:

Action Required:

- Completion of the Triannual Assessment
- Meet 4 times

Communication:

- Review of Wellness Policy
 - As a group go through Module 1: School Health and Safety Policies and Environment
 - Breakout Groups
 - Module 2: Health Education & Module 3: Physical Education and Physical Activity Programs
 - Module 4: Nutrition Environment and services
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New Business

Total Time Allotted 1 Hour

1. Objective-Complete
 - Complete the remaining Modules

Follow-up Items

- Progress of the triannual assessment

Next Meeting Agenda Items

- Thursday, February 11, 2021, 4-5:00 p.m. (virtual)